

# Women's Leadership Retreat



*Are you ready to catapult your career, leadership success and personal fulfillment to a completely new level? If so, this Retreat Experience is for you!*

*We are now scheduling women's leadership retreats for 2014 that include pre-work assessment with the in-depth CDR 3-D Suite, one-to-one coaching, two day custom workshops, and post workshop coaching & action planning.*

Experts from CDR Assessment Group, Inc. and The Alexcel Group offer this powerful and unmatched leadership development experience. This is no ordinary or generic event. If you are ready for a life changing experience to hone in on your leadership strengths, emotional intelligence, personal needs and risk factors, then this is a must-attend for you.

## *This development process will:*

- **Enhance** your confidence and leadership presence
- **Explore** and re-ignite your strengths and motivations
- **Bolster** your authentic leadership acumen
- **Identify** your "secret sauce" for exceptional leadership
- **Learn** to neutralize risk factors that can derail your success
- **Enhance** your influence in male dominated cultures
- **Develop** your approach to break through the "glass ceiling"
- **Build** your confidence to ask the tough questions (like asking for that raise)
- **Prepare** you to deal with conflict more effectively
- **Improve** the balance between your professional and personal life
- **Develop** and sustain strategies for ongoing learning and growth

## *The Women's Leadership Retreat includes:*

- 1) Two day custom workshop led by two expert instructors
- 2) CDR 3-D Suite Assessment reports measuring: Leadership Character, Risks and Drivers/Rewards
- 3) One to One Executive Coaching Session (2.5 hours) with CDR 3-D Suite conducted prior to the workshop
- 4) Personal branding, mission statement and action plan
- 5) Follow up coaching session for plan sustainability

*To schedule a retreat for your women leaders or for more information, contact [cdrinfo@cdrassessmentgroup.com](mailto:cdrinfo@cdrassessmentgroup.com) or call 918.488.0722.*

## Women's Leadership Retreat Instructors & Executive Coaches



**Barbara Mintzer-McMahon** is an organizational consultant, executive coach and trainer with more than 20 years of experience. She specializes in change management, leadership development, team building, and building strategic partnerships. Ms. Mintzer-McMahon is a contributing author to the book *Enlightened Power: How Women Are Transforming the Practice of Leadership*. Ms. Mintzer-McMahon facilitates workshops and consults both nationally and internationally for women in leadership including those in business, media, high-risk occupations, hospitality, mental health and education.



**Patricia Wheeler, Ph.D.** is managing partner of The Levin Group LLC, a global consulting and leadership advisory firm serving growing, complex organizations. As a consultant and executive coach, Patricia has more than 20 years of experience focused on helping smart, technically talented executives become more effective leaders, creating high performing teams and developing organizational talent and "bench strength." She works with women leaders around the world helping them hone their skills and executive presence.



**Nancy Parsons** is the president and co-founder of CDR Assessment Group and is a true pioneer dedicated to shattering traditional methods for developing leaders. Her background spans over 25 years specializing in: leadership/executive development and coaching, personality and motivational assessment and organizational development. She co-developed the CDR 3-D Assessment Suite (measures leadership character, risks for derailment and drivers & reward needs) used globally for leadership development. She has conducted extensive research on women leaders and is author of *Cracking the Code to the Glass Ceiling*.

### Retreat Dates & Locations

August 20 & 21, 2014	Tulsa, Oklahoma
October 29 & 30, 2014	Atlanta, Georgia
November 5 & 6, 2014	San Francisco, California

To obtain an enrollment form, please contact  
[cdrinfo@cdrassessmentgroup.com](mailto:cdrinfo@cdrassessmentgroup.com)



#### The Alexcel Group

Barbara, Patricia and Nancy are all members of The Alexcel Group, an elite international alliance of highly experienced consultants and executive coaches. Only those executive consultants who have a proven track record of achieving results for clients and who meet Alexcel's stringent professional standards are invited to join our alliance. Our members are world class leaders in executive development, team building and organizational development. We help you achieve sustainable success through leadership excellence.



#### CDR Assessment Group, Inc.

We are an assessment and leadership development firm leading the way with revolutionary products, consulting services, research, coaching and training solutions. We are committed to providing cutting-edge leadership and talent development products and services designed with the foremost psychological insights and applied business know-how for global clients. Nancy serves as president and Barbara and Patricia have partnered on leadership coaching projects with CDR for years.